

D A U G H T E R S O F T H E E A R T H

FOUR DIRECTIONS NEWS

APRIL 2011



To The Children

As an eagle prepares its young to leave the nest with all the skills and knowledge it needs to participate in life, in the same manner so will I guide my children. I will use the culture to prepare them for life.

The most important thing I can give to my children is my time. I will spend time with them in order to learn from them and to listen to them.

I will teach my children to pray, as well as the importance of respect.

We are the caretakers of the children for the Creator. They are His children, not ours.

I am proud of our own Native language. I will learn it if I can and help my children to learn it.

In today's world it is easy for the children to go astray, so I will work to provide positive alternatives for them. I will teach them the culture. I will encourage education. I will encourage sports. I will encourage them to talk to the Elders for guidance; but mostly, I will seek to be a role model myself.

I make this commitment to my children so they will have courage and find guidance through traditional ways.

Community News

Volunteer Training and You're Invited!

Are you interested in volunteering for the Native American Center Project, Indian Education or other Native American organizations and events? This training is for you! The Native American Center Project is offering a volunteer training to interested community members and current committee members and volunteers. This will help to connect all of us with local talents and support in the many projects our programs are implementing and to help strengthen the roles of our volunteers. A master contact list will be centralized at the Native American Center Project to help distribute volunteers when needed! We look forward to this and hope you can join us!

If you are interested please attend, pizza and pop will be served!

When: *April 21, 2011*

Time: *5:30-7:30*

Location: Ben Franklin Cafeteria (downstairs)
1420 N. 8th St. N. Fargo, ND
58103

RSVP or for more information:

Call 701-365-0832 or email
mattsoa@fargo.k12.nd.us

Presentation will be given by

Prairie Rose Seminole-

NACP Coordinator.

Urban Indian Health

Just a note to express our deep appreciation for your letters of support and/or your willingness to provide one. Unfortunately applying for the grant through Sanford did not work out and the Urban Indian Health & Wellness non-profit infrastructure was not in place in time to apply. However, I am hoping to be awarded the Robert Wood Johnson Foundations funds to conduct our needs assessment. I will let you know how this unfolds.

Donna Grandbois

★ The next FM Native American Coalition meeting April 21st at 1:30 p.m. at the Native American Center Project 303 Roberts Street (lower level) in Fargo.

Digital Resumes for the 21st Century

Ever wonder why you never seem to hear from employers after applying on-line. It's probably because they never saw your application.

Find out how to get your application out of the digital black hole of human resources software.

RSVP is required to make sure there are enough materials for everyone.

**Tuesday, April 5 · 6:30pm – 9:30pm
Cultural Diversity Resources
303 Roberts St N, Fargo, ND**

Happy Birthday!

April Schwandt Estes

Monday, April 4

Marcie Felix

Thursday, April 7

Garrett Belgarde

Thursday, April 14

Johanna Lynn Stately

Thursday, April 14

Tim Mathern

Tuesday, April 19

Roger Straw

Wednesday, April 20

Clinton Alexander

Thursday, April 21

Jim Northrup

Thursday, April 28



Earth Day, April 22, 2011

"Treat the earth well: it was not given to you by your parents, it was loaned to you by your children. We do not inherit the Earth from our Ancestors, we borrow it from our Children"

Cultural Awareness Training

Thursday, April 14, 2011

9:00-4:30

**Shooting Star Casino, Event Center
Mahnomen, Minnesota**

**Fees: \$20 (payment due the day of the training) *No charge for crisis team members of sponsoring agencies
Certificate of Attendance available**

Registration deadline: April 5, 2011

Please register at: <https://nativealivecampaign.webconnex.com/culturalawarenesstraining>

Training Agenda:

8:15-8:45 Check- in, Continental Breakfast

9:00-9:30 Opening and Prayer

9:30-11:30 Historical Trauma & Perspective

11:30-12:30 Lunch Provided

12:30-2:30 Application in Crisis

2:30-3:30 Walking in Two Worlds

3:30-4:30 Questions and Closing Prayer

Four Directions News Staff

Editor: Mary John, Spirit Lake

**Co-Editors: Patty Leaf, Spirit Lake
Eleven Vilas, White Earth**

Reporter/Photos:

**Tanya Red Road
Turtle Mountains**

✧ CONGRATULATIONS ✧

Congratulations to you and the City of Fargo, North Dakota for winning second place in the 2011 City Cultural Diversity Awards Program in the population category of 25,001 – 100,000 for your remarkable program titled: *City of Fargo Native American Commission*.

NATIVE AMERICAN COMMISSION – NATIONAL LEAGUE OF CITIES AWARD

Last week, the National League of Cities recognized Fargo's Native American Commission with a Cultural Diversity Award for its unique approach to creating greater levels of communication and understanding in our community.

The Fargo Native American Commission is 9-member appointed board that is advisory to Fargo's City Commission. Seven members are affiliated with local Native American tribes, as well as a member from the City Commission, Fargo School Board, and a City staff person that assists in the work:

- Monique Vondall-Rieke
- Jaclynn Davis Walette
- Sandra Berlin
- Guy Fox
- Scott Satermo
- Sharon White Bear
- Crystal Gonzales
- 1 City Commissioner – Dr. Tim Mahoney
- 1 School Board Member – Robin Nelson
- Ex-officio, Fargo Human Relations Commission – Lori Brownshield
- City staff to the Native American Commission – Willard Yellow Bird

(Lee Lee Lee Lee Lee Lee...!!!)

In 2005, a regional study indicated high levels of poverty and physical health needs within the local Native American community. In Fargo, Native American people exhibited the greatest need of all minority groups, as measured by poverty, educational levels, substance abuse, homelessness and homeownership levels.

Since its first meeting in 2006, the Native American Commission has done a great deal to help promote cultural diversity. Efforts of the Native American Commission include:

- Support to the Woodlands and High Plains powwows
- Participation in popular community events such as the annual Fargo Police Department Community Picnic and Fargo Marathon
- Partnership with higher education institutions to develop the Native American Science Fair
- Sponsorship of a Native American/Minority Housing Forum to increase minority homeownership and expand communication between local housing industry representatives and potential minority homebuyers.
- Development of a sweat lodge in Fargo
- Partnerships with the Mandan, Hidatsa, and Arikara Nations to open a satellite office in Fargo
- Advisory support for the Gladys Ray Shelter, Cooper House and Fargo Public Schools Native American Program
- Sponsorship and planning for the Native American Community Picnic
- Development of the Native American Resource Center, which is operated by Native American people and opened in December 2009
- Relationship building with and close work with Fargo's Native American population
- Today, the Native American Commission is working to bring a regional Indian health service office to Fargo, as well as addressing housing and transportation issues.

The Native American Commission has become a cornerstone, striving to better the education, quality of life and futures of Native American people.

Thank you.... We believe the Native American Commission has created a greater level of respect and representation in our community and we are challenged, together, to continue the good work.

April is Child Abuse Awareness month



Recognizing Child Abuse: What Parents Should Know

The first step in helping abused children is learning to recognize the symptoms of child abuse.

Although child abuse is divided into four types -- physical abuse, neglect, sexual abuse, and emotional maltreatment -- the types are more typically found in combination than alone. A physically abused child for example is often emotionally maltreated as well, and a sexually abused child may be also neglected. Any child at any age may experience any of the types of child abuse. Children over age five are more likely to be physically abused and to suffer moderate injury than are children under age five.



The Child:

- Shows sudden changes in behavior or school performance;
 - Has not received help for physical or medical problems brought to the parents' attention;
 - Has learning problems that cannot be attributed to specific physical or psychological

causes;

- Is always watchful, as though preparing for something bad to happen;
- Lacks adult supervision; • Is overly compliant, an overachiever, or too responsible; or • Comes to school early, stays late, and does not want to go

Consider the possibility of physical abuse when the child:

- Has unexplained burns, bites, bruises, broken bones, or black eyes;
- Has fading bruises or other marks noticeable after an absence from school;
- Seems frightened of the parents and protests or cries when it is time to go home from school;
- Shrinks at the approach of adults; or
- Reports injury by a parent or another adult caregiver.

Consider the possibility of sexual abuse when the child:

- Has difficulty walking or sitting;
- Suddenly refuses to change for gym or to participate in physical activities;
- Demonstrates bizarre, sophisticated, or unusual sexual knowledge or behavior; • Becomes pregnant or contracts a venereal disease, particularly if under age fourteen;
- Runs away; or • Reports sexual abuse by a parent or another adult caregiver.

Consider the possibility of emotional maltreatment when the child:

- Shows extremes in behavior, such as overly compliant or demanding behavior, extreme passivity or aggression;
- Is either inappropriately adult (parenting other children, for example) or inappropriately infantile (frequently rocking or head-banging, for example);
- Is delayed in physical or emotional development; • Has attempted suicide; or Reports a lack of attachment to the parent.
- Consider the possibility of neglect when the child:
 - Is frequently absent from school
 - Begs or steals food or money from classmates; • Lacks needed medical or dental care, immunizations, or glasses;
 - Is consistently dirty and has severe body odor;
 - Lacks sufficient clothing for the weather;
 - Abuses alcohol or other drugs; or • States there is no one at home to provide care.

RESHAPING
THE FUTURE

HONORING
THE PAST

NATIONAL CRIME VICTIMS' RIGHTS WEEK

APRIL 10-16, 2011

Save-the-Date

Monday - April 11th, 2011 Crime Victims' Rights Seminar

"Reshaping the Future - Honoring the Past"

8:30 a.m. to 5 p.m.

Howard Johnson Inn - Downtown Fargo



Presenters include:

BJ Jones - Attorney (Jones Legal), Adjunct Professor UND, & Tribal Judge
Melissa Merrick - Director, Spirit Lake Victims Assistance Program

Free & Open to the Public

Registration Strongly Encouraged

For More Information and to Register, go to:

www.SacredSpiritsCoalition.com

insured in part by: U.S. Department of Justice - Office of Justice Programs - Office for Victims of Crime



FIRST PHILOSOPHY TO THE WOMEN for the Native American Man

The cycle of life for the woman is the baby, girl, woman, and grandmother. These are the four directions of life. She has been given by natural laws, the ability to reproduce life. The most sacred of all things is life. Therefore, all men should treat her with dignity and respect. Never was it our way to harm her mentally or physically. Indian men were never abusers. We always treated our women with respect and understanding. So from now on:

I will treat women in a sacred manner. The Creator gave women the responsibility for bringing new life into the world. Life is sacred, so I will look upon the women in a sacred manner.

In our traditional ways, the woman is the foundation of the family. I will work with her to create a home atmosphere of respect, security and harmony.

I will refrain from any form of emotional or physical abuse. If I have these feelings, I will talk to the Creator for guidance.

I will treat all women as if they were my own female relatives.

This is my vow.

Sexual Assault Awareness Month

It's Time... To Get Involved

ENGAGING BYSTANDERS IN SEXUAL VIOLENCE PREVENTION

You're out, and you think you saw something. You're not sure; maybe it was nothing. So, you do nothing and just keep walking. The next day you hear the news. Someone needed your help, but you didn't know what to do.

It's time ... to get involved. You, as an engaged bystander, have the opportunity to act and safely change the outcome — to prevent an assault by stepping in when you see something that doesn't look right. Maybe you heard someone say something sexist or degrading. Maybe you witnessed someone trying to take advantage of a friend. Studies have shown that the occurrence of rape is far more extensive than reported in official statistics, and the large majority of rapists are never apprehended.

In a society that promotes a 'mind your own business' message, speaking up might seem difficult. But it doesn't have to be. Try to approach the situation as if it involved one of your friends. If you see something that doesn't seem right, it probably isn't. If you think someone is in trouble, ask if they are OK. Be honest and direct in explaining your concerns and reasons for intervening. If you don't feel comfortable approaching a situation on your own, ask — a friend, a coworker, anyone — for help.

You aren't ruining someone's fun or being a jerk if you speak up. You are watching out for someone's brother, sister, child, neighbor, or friend. Next time, it could be

your loved one that needs help.

It's time ... to get involved and do what is right. April is National Sexual Assault Awareness Month.

More than 1 in 3 Native women will be raped in her lifetime. According to U.S. government statistics, Native American and Alaska Native women are more than 2.5 times more likely to be raped or sexually assaulted than other women in the United States in general. A complex maze of tribal, state and federal jurisdictions allows perpetrators to rape with impunity and in some cases even encourages assaults. Furthermore, according to the US Department of Justice, in at least 86 per cent of the reported cases of rape or sexual assault against American Indian and Alaska Native women, survivors report that the perpetrators are non-Native men.

Sexual Assault Awareness Month is intended to draw attention to the fact that sexual violence is widespread and has public health implications for every community member. We must work together to educate our community about what can be done to prevent sexual assault and how to support survivors. With leadership, dedication, and encouragement, there is compelling evidence that we can be successful in reducing sexual violence in our communities through prevention education, increased awareness, and holding perpetrators who commit acts of violence responsible for their actions. Please join anti-sexual violence advocates and support service programs in the belief that all community members must be part of the solution to end sexual violence.

*Save the Date - April 13, 14 & 15, 2011,
Holiday Inn - Downtown at the Park,
Missoula, MT & The University of Montana*
www.thehopeconference.com

HOPE CONFERENCE

(Healing For Our People Everywhere)

The 2nd Annual HOPE Conference 2011

For too long, generations of voiceless victims of child sexual trauma have suffered silently throughout Indian Country. The epidemic of sexual trauma and sexual abuse is well documented and yet remains prevalent among Native people. The urgency is now to address this issue from a culturally appropriate perspective. In response to the necessary call to action to end this plague in Indian Country, the 2nd Annual HOPE Conference will be held at The Holiday Inn – Downtown and the University of Montana at Missoula April 13-15, 2011.

The purpose of the conference is to address and mitigate the issue of child sexual trauma within Native communities, and to bring to light this epidemic which has torn at the fabric of Indian Country communities for generations. The Conference will focus on the PAST, PRESENT, and FUTURE of this issue. The PAST tract will cover the historical traumas that were inflicted upon Native people by government sponsored institutions, religious institutions, and other avenues of abuse. Included in this tract is a panel of former boarding/residential school attendees. The PRESENT tract's objective is to address the current state of child sexual trauma in Indian Country today. Also, to be featured are successful programs that are currently operating in communities. The FUTURE tract consists of sessions by leading area law experts addressing how

communities can mobilize and work together to decrease the incidents of sexual trauma. The main topic of this tract is the Tribal Law and Order Act of 2010. (PL 111-211). Attendees will experience a multitude of presentations, entertainment, workshops, and activities highlighting the rich tapestry of the Native American perspective towards healing, recovery and justice. The event additionally features a youth day sponsored and coordinated by the Missoula Indian Center's Alcohol and Substance Abuse program and dovetails the 14th Annual Missoula County Public Schools Indian Education Department's Indian Youth Leadership Conference. The HOPE Conference also coincides with the 43rd Annual Kyi-Yo Pow Wow at the University of Montana Adams Center April 15th and 16th. The 2nd Annual HOPE Conference endeavors to eliminate this epidemic by calling upon Indian Country's finest experts, community leaders, artists/activists, health care professionals and survivors to address this detrimental social issue, to begin the healing process, and to find solutions to guarantee the full protection of children from sexual abuse. The conference is open to the public. Registration details and materials can be accessed at www.thehopeconference.com. For further information, please contact Elrae Potts at (406) 829-9515 or by email at: elrae.potts@thehopeconference.com.

UND WACIPI

April 8 - April 10, 2011

University of North Dakota

wacipi – Contest Location:

Grand Forks, ND. Hyslop Sports Complex. 2751 2nd Ave. N.

Directions: Hwy 401 / Homer

Watson Blvd. **Info:** Deanna

Rainbow 701-777-4291 **-Email- -**

Website- MC(s): Jerry Dearly,

St. Paul, MN & Lawrence Baker,

New Town, ND. **AD(s):** Mike

Gabbard, Lenape, OK **Host**

Drum(s): Wahpekute, Sisseton,

SD **Cost:** Admission \$6 Daily/

\$10 Weekend. **Contest Info:**

Adult Men's & Women's Golden

Age 55 + Senior Adult's Men &

Women 35-54 Junior Adult's

Men & Women 18-34 Teen Boys

& Girls 13-17 Junior Boys &

Girls 6-12 ALL CATEGORIES:

1ST-4TH Tiny Tots- 0-5 (Day

money) Singing contest: 1st -

4th place \$ 20,000 DRUM SPLIT

Specials: TBA Registration will

begin Friday at 4 pm Closes on

Saturday at 1pm GRAND

ENTRIES: FRIDAY 1PM

SATURDAY 1PM & 7PM

SUNDAY 1PM ATTENTION ALL

PARTICIPANTS: *non-US prize

winners will be subject to

additional IRS paperwork. ALL

DANCERS AND ALL SINGERS

MUST FILL OUT A W-9 or W-7

BEFORE REGISTRATION. ALL

DANCERS AND ALL SINGERS

WILL NEED THEIR SOCIAL

SECURITY CARDS (SSN) or

SOCIAL INSURANCE

NUMBERS (SIN) Registration

Forms & Contest Rules

Available online at [http://](http://www.und.edu/org/undia)

www.und.edu/org/undia

Additional Info: Headman:

Dash Thunder, Fairchild, WI

Headwoman: Lisa LaFontaine,

Grand Forks, ND Headman

Judge: Robert "BJ" Rainbow,

Grand Forks, ND Head Woman

Judge: Rebecca Smith, Grand

Forks, ND. Grand Entries:

Friday 7 pm Saturday 1pm &

7pm Sunday 1pm Note: Points

begin Friday Evening Everyone

is welcome to attend the

traditional feed to take place

Saturday during supper break.

Craft Vendors: Contact

Francine Counts-French at 701

777-6985 Admission: ALL UND

STUDENTS FREE WITH

STUDENT ID \$10 for weekend

\$6 per day 60 & over, 5 & under

Free (Wristbands must be worn

at all times) Time-Out Week

activities April 4th-8th Contact:

Indian Studies Association at

701-777-4314 Email:

rachel.egstad@und.edu MEN'S

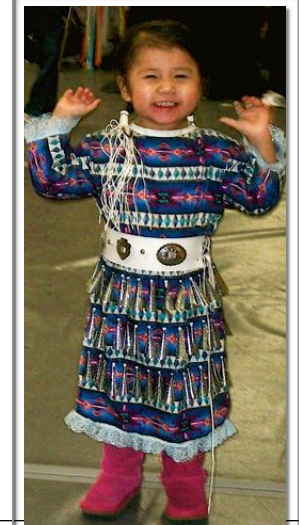
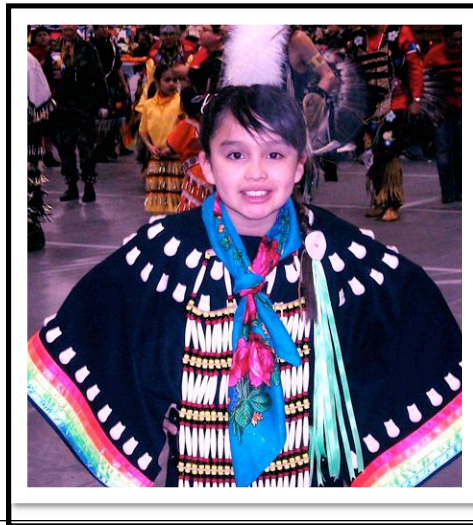
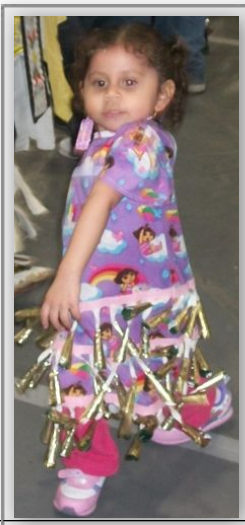
BASKETBALL TOURNAMENT

CONTACT: Travis or Allison

Albers at 701-777-6985 For

more information please go to

the UNDIA WEBSITE: [http://](http://www.und.edu/org/undia)



April Pow-Wow Trail

Minnesota

April 9, 2011 18th Annual St. Cloud State University – Traditional Location: St. Cloud, MN. 5th Avenue S. & University Drive. **Info: -Email- -Pow wow flier-MC(s):** Mickey Hodges **Additional Info:** Head Man Jim Pete Head Lady Ona Knoxsah

April 15, 2011 Johnson High School Education First pow wow – Traditional Location: St. Paul, MN. 1349 Rose St. (Johnson HS). **Directions:** Right off of Arcade St. and Maryland in East St. Paul. **Info:** Ashlen Delgado 763-228-5529 ashlen.delga - **Website- Cost:** \$2.00 children under 8, and Elders FREE. **Additional Info:** Feast at 5 PM. Grand Entry at 6 PM. -100% raffle \$\$, blanket dance and donations are for St. Paul Indian Education.

April 30, 2011 Osseo's 16th Annual Indian Education Day pow wow – Traditional Location: Osseo, MN. Osseo Jr. High School, 10223 93rd Ave. N. **Info:** Ramona Stately 763-391-7093 Shawnee Hunt 763-391-7102 **-Email- -Pow wow flier- MC(s):** Justin Huenemann **AD(s):** Ricky White **Host Drum(s):**

Pipestone **Cost:** Free admission - public invited. **Additional Info:** Indian Education Day 2011 will spotlight the oldest cultural knowledge on this continent. Our programs promote the protection of our future leadership through sound cultural identity educational opportunities. Honor Special Events: Honoring Graduates. Educational Exhibits, Demonstrations, Education Stations, College Information. Indian Education Day sponsors American Indian artisan exhibits, demonstrations, college recruitment, community and curriculum resources, and contemporary Native American exhibition dancing. Our objective is to engage all students with the heritage of indigenous peoples of Minnesota. Grand Entry 1 PM. Doors open at noon.

South Dakota

April 9 - April 10, 2011 4th Annual Tusweca Tiospaye pow wow – Traditional Location: Pine Ridge, SD. **Wolf Creek School Gym. Directions:** Wolf Creek School is seven miles east of Pine Ridge on SD Highway 18. **Info:** Mike Carlow 605-454-7815 **-Email- -**

Website- Cost: Free **Additional Info:** Traditional powwow with some family contest specials. Go to www.tuswecatiospaye.org/2011powwow for updates on specials.

April 15 - April 17, 2011 28th Annual Lakota Omniciye wacipi* - Contest Location: Spearfish, SD. Young Center. **Info:** 605-642-6578 **-Email-**

April 16, 2011 Sioux Falls Oyate Wacipi. – Traditional Location: Sioux Falls, SD. Multicultural Center, 515 N. Main (downtown). **Info:** American Indian Services/ Dennis Quigley 605-334-4060 **- Email- Cost:** Free open to public

April 30, 2011 PRACC 11th anniversary celebration pow wow - Contest Location: Pine Ridge, SD. Located at Red Cloud Indian School 6 miles north of Pine Ridge on US Hwy 18. **Info:** Ivan Sorbel 605-455-2685 **-Email- - Website- Contest Info:** Contest for Jr. and Teens All categories Mens and Womens Traditional Contest Tiny Tots. **Additional Info:** Grand Entry at 1:00pm Supper Break at 5:00.